

Upbeat Cycling

6 Schouler Court, Arlington MA
2,900 Square Feet

Vantage Builders completed the build-out of Upbeat Cyclings first location, a 2,900-square-foot studio in Arlington, Mass. The sparkling facility features a cycling theater with 32 Stages SC3 bikes, a yoga, Pilates and TRX suspension training room, and changing facilities. The design of the studio reflects Upbeat Cyclings philosophy of keeping fitness fun. The changing rooms are brightly lit, with plenty of privacy. There is new paint, flooring and tiling throughout. A new HVAC system provides dedicated temperature control for different parts of the studio. The high-end renovation of this 1940s-era industrial building along with thoughtful touches like the lightly-scented air and cool after-class towels gives the studio an inviting, pleasant vibe.

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