

Club Pilates

193 Boston Turnpike, Shrewsbury, Lakeway Commons Shopping Center
1,775 SF

Vantage Builders completed the build-out of a new Club Pilates studio, located at 193 Boston Turnpike, Shrewsbury, in the Lakeway Commons shopping center. The 1,775-square-foot studio offers the latest, state-of-the-art Pilates equipment, including the Reformer, EXO-Chair, Bosu Ball, TRX Suspension Trainer, springboards and more. Club Pilates Shrewsbury has more than 60 classes per week, in seven signature formats and four levels. Club Pilates Shrewsbury features a fitness studio, private training room and reception area. In order to create the proper space, designed by Dennis Colwell Architects, Vantage Builders conducted internal demolition and installed a new demising wall to separate Club Pilates from an adjacent suite. Entering the studio, visitors are greeted by the bright, welcoming reception area, which features Club Pilates colorful design and branding. A retail section offers Pilates-related equipment and clothing. The Pilates studio features 12 workout stations, each outfitted with specialized equipment, maple board wall panels, mirrors and springboards. Vantage installed a new suspended, ACT (acoustic ceiling tile) ceiling, luxury vinyl tile (LVT) flooring and wood base throughout the space. Systems work included new ductwork distribution from the existing rooftop HVAC unit as well as plumbing. The new restroom is ADA-compliant with sink, toilet, grab bars and hand dryer. A new security system and sprinkler system were also installed.

201 Second Avenue
Waltham, MA 02451
P: 781.895.3270
F: 781.895.3271
info@vb-inc.com

VANTAGE
BUILDERS, INC.
COMMERCIAL CONSTRUCTION

